

If you know an older adult who is being harmed in any way, **CALL NOW:**

The Upstate Elder Abuse Center at Lifespan works to prevent and stop elder abuse.

Elder Abuse Thrives in Silence

Lifespan
585-244-8400
outside Monroe County call
1-866-454-5110

OR YOUR LOCAL DEPARTMENT OF SOCIAL SERVICES

In Monroe County: **585-753-6532**

In Genesee County: **585-344-2580**

In Livingston County: **585-243-7300**

In Ontario County: **585-396-4111**

In Orleans County: **585-589-7000**

In Seneca County: **315-539-1850**

In Schuyler County: **607-535-8338**

In Wayne County: **315-946-4881**

In Wyoming County: **585-786-8900**

In Yates County: **315-531-3417**

Scam Prevention Program

Provides educational presentations for older adults and others about scams and frauds that target older adults. Provides direct intervention in cases of identity theft, scams and contractor problems.

Financial Services Program

Provides older adults and their families with financial counseling and daily financial management services to protect older adults from financial exploitation.

Elder Abuse Prevention Training and Informational Presentations

Training for professionals and those who have frequent contact with older adults to recognize the signs of elder abuse and financial exploitation.

Geriatrics Additions Program (GAP)

This unique home-based program fills a gap in services for older adults who are misusing alcohol, prescription drugs or illegal drugs. GAP provides in-home counseling for older adults, and training for professionals.

585-244-8400



Upstate Elder Abuse Center
at Lifespan
1900 S. Clinton Ave.
Rochester, NY 14618
www.lifespanrochester.org



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 LIFESPAN WELCOMES EVERYONE

BREAK THE SILENCE
Upstate Elder Abuse Center at Lifespan

Elder Abuse is Often Hidden

By survivors who may be too frightened, too ashamed or too sick to tell someone;

By family, friends, and caring others who may not recognize the problem or don't know who to tell;

By the perpetrators.

Elder abuse is hidden. It thrives in silence. Elder abuse exists in every community and every neighborhood. Most survivors of elder abuse live in the community, and not in nursing homes. They are often targeted by family members or other people they know. Sometimes it's an acquaintance or caregiver.

If you know an older adult who is being harmed in any way,

Call Lifespan

585-244-8400

or outside Monroe County call

1-866-454-5110

or Adult Protective Services in your local Department of Social Services.

BREAK THE SILENCE

Upstate Elder Abuse Center at Lifespan

You can help stop elder abuse and mistreatment.

Elder abuse is:

- Pushing, hitting, punching.
- Shouting at, berating, intimidating, threatening to harm an older adult.
- Taking financial advantage of an older adult.
- Threatening to withhold medications, care, or access to other family members.
- Neglecting an older adult's physical, medical, and emotional needs.
- Unwanted physical contact of any kind.
- Preventing an older adult from accessing needed services.

What to Look for:

- Unusual injuries, bruises, burns.
- Increased fear, withdrawal, agitation.
- Sudden inability to pay bills, purchase food, personal items, or medication.
- Changes in appetite, unusual weight gain or loss.
- Poor personal hygiene.
- Confusion over finances.
- Unexplained changes in health, including mental status.
- Caregiver(s) who do not allow older adults to speak for themselves.

Ways You Can Help:

- Respect and honor older adults.
- Report suspected abuse or mistreatment.
- Help to find supportive resources.
- Visit regularly; monitor the well-being of older adults and neighbors.
- Help keep track of medications and doctors' visits.
- Volunteer to help.
- Realize abuse can happen in any family or neighborhood.
- Speak up when something looks or sounds wrong.

If you are experiencing abuse or mistreatment:

- You are not alone.
- It is not your fault. No one deserves to be harmed, disrespected, or abused.
- Trust your instincts.
- Professionals are here to help you explore your options when you're ready.
- Seek out support from someone you trust.
- Know that calls to the Upstate Elder Abuse Center at Lifespan are confidential, and consultation and case management are free.

What Lifespan Does:

- Investigation and intervention services in cases and suspected cases of elder abuse and mistreatment.
- Informational presentations about elder abuse and mistreatment for organizations, agencies, caregivers, older adults, and others.
- Training for professionals and those who work with/have frequent contact with older adults to recognize the signs and symptoms of abuse and mistreatment and to facilitate interventions.

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