

**Lifespan provides information, guidance and services that help older adults take on both the challenges and the opportunities of longer life.**

### **Eldercare Services**

Care management through Eldersource\*  
CheckIt!, a bill payer service  
In-home financial management assistance  
Guidance on financing long-term care related to Medicare & Medicaid  
Guidance on Medicare & Medicare Part D  
Elder abuse prevention & scam intervention/education  
Home modification for fall prevention  
Advocacy for nursing home residents  
Geriatric addictions program  
Service Coordination for older adults with developmental disabilities  
Day habilitation for older adults with developmental disabilities  
Future Care Planning for persons with disabilities\*\*  
Home Energy Assistance Program (HEAP)  
Guardianship for incapacitated older adults

### **Employment & Volunteerism**

Job placement assistance for women re-entering the workforce  
Job training for low income adults (55 and older)  
Volunteer placement for adults (55 and older) in area non-profits  
Give-a-Lift: Volunteer placement for drivers  
Rochester Mentors: recruits baby boomers as mentors for city school district students

### **Training & Education**

Workshops in aging issues  
St. John Fisher Geriatric Certificate Program  
Elder Aware training for businesses

### **American Sign Language Interpreting**

### **Wolk Older Adult Center at Lifespan Downtown Lily Café at Maplewood YMCA**

Meals, recreation, education, socialization

\*in partnership with Catholic Family Center

\*\*in partnership with the Al Sigl Community of Agencies and Arc of Monroe County.

*Se habla Español.*



1900 South Clinton Avenue  
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# In-Home Financial Management Assistance

*From a trusted source*



When budgeting,  
bill paying and day-to-day  
financial matters become a burden,  
Lifespan can help you  
take it on.





*"The bank wanted to take my house and I thought I had no place to go for help. My Lifespan person was a life savior. I'm making payments again and I can keep my house."*

When budgeting, bill paying and day to day financial matters become a burden, Lifespan offers a helping hand.

**Our trained staff members and volunteers visit at home to help you:**

- Plan a budget
- Balance a checkbook
- Work with creditors
- Fill out simple insurance forms
- Apply for benefits

*"The volunteer who comes to my house knows so much! He helped me apply for prescription coverage that saved me almost \$1000 last year."*

Lifespan's In-home Financial Management Service is partially funded by the U.S. Administration on Aging, the Monroe County Office for Aging and the United Way of Greater Rochester. No fee is charged, but donations are encouraged.

**This service is perfect for:**

- Older individuals who do not have experience with finances.
- Older adults who have health problems that prevent them from being able to handle their finances.
- Older adults who are overwhelmed by financial difficulties.
- Caregivers who need assistance handling a loved one's finances.



*"My husband passed away and I'm afraid that I never learned much about our finances. I was overwhelmed by bills and paperwork until I got help from Lifespan."*

Lifespan cannot consolidate or pay down any individual debts. We can only advise you regarding debt, including your consolidation options.

Call Lifespan at  
**244-8400**

[www.lifespan-roch.org](http://www.lifespan-roch.org)