



RSVP* to Lifespan's invitation to take on a meaningful volunteer experience!

Lots of people with time to spare say they don't volunteer because they have never been asked.

Lifespan is asking you to pitch in, take it on, get involved, or try something new.

*RSVP is Lifespan's volunteer program. For more than 30 years, RSVP has been connecting adults 55 and older to a wide range of interesting and rewarding volunteer experiences throughout the community.

Photos by Marten Czamanske

Lifespan provides information, guidance and services that help older adults take on both the challenges and opportunities of the second half of life.

Service Lines:

Eldercare Services

- CheckIt!, a full bill payer service
- In-home financial management assistance
- Consultation on long term care insurance and Medicare/Medicaid
- Guardianship
- Elder abuse prevention in 11 counties
- Scam intervention/prevention workshops
- Home modification (for fall prevention)
- Advocacy for residents of nursing homes
- In-home non-medical volunteer caregiving
- Geriatric addictions program
- Elder care management through Eldersource*
- Information and referral for older adult services
- Care management for persons with developmental disabilities
- Day care for persons with developmental disabilities
- FutureCare Planning for persons with disabilities**

Employment & Volunteerism

- Specialized counseling & job placement for displaced homemakers
- Subsidized job placement for income eligible older adults
- Volunteer placement for persons 55 and older in area non-profit agencies

Training & Education

- Workshops on aging issues
- PlanIt! pre-retirement seminars
- St. John Fisher Geriatric Certificate Program
- Elder Aware training
- Sign language classes
- Interpreting for deaf or hard of hearing

Wolk Older Adult Center at Lifespan Downtown

*a service of Lifespan and Catholic Family Center

** a service of Lifespan and Al Sigl Center

Se habla Español.



1900 South Clinton Avenue

Rochester, New York 14618

(585) 244-8400 ■ www.lifespan-roch.org

Do good.
Feel good.



Take it on!

Get involved with a rewarding volunteer experience today.

Join Lifespan's RSVP Volunteer Program



RSVP Volunteers Make A Difference

The time and talent you have to offer can make a real difference for your neighbors right here in Monroe County. Lifespan's RSVP volunteers contribute their efforts to a wide array of not-for-profit agencies throughout Rochester and Monroe County.

Whether it is a long or short-term commitment, something you have a passion for already, or something brand new that you've always wanted to try — Lifespan's RSVP volunteer placement program offers adults age 55 and older a personalized service that will match you to a rewarding volunteer experience that fits your interests and schedule.

Take It On!

RSVP today to Lifespan's invitation to become a community volunteer!

Call 244-8400

www.lifespan-roch.org

RSVP volunteers often say that they get back much more than they give.

Being a community volunteer —

- ... boosts the spirit, and gives meaning to your own life as you reach out to help others.
- ... offers a chance to meet other people with similar interests.
- ... is an opportunity to take on something new that you've always wanted to try.
- ... develops skills that could be valuable in the job market.
- ... contributes to a good quality of life and enhances good health.
- ... is a way to transition from full-time employment and stay active in the community.

Lifespan's RSVP volunteers may be eligible for transportation reimbursement. Ask us if you qualify.

You will receive free supplemental accident/liability insurance...and invitations to special trips and events sponsored by Lifespan's RSVP.

Two Ways to RSVP

If you are just getting started, and want information about taking on a new volunteer experience that matches your interests and schedule, call RSVP at 244-8400 to set up an appointment.

or

RSVP works hand in hand with volunteer coordinators at not-for-profit agencies throughout the community. If you are currently volunteering, you can still enroll in RSVP and take advantage of our benefits. Talk to your volunteer coordinator, or call RSVP at 244-8400.



*RSVP is a program of Lifespan,
funded by the Corporation for National and
Community Service*

**Learn more about RSVP and other
Lifespan services on the Internet at
www.lifespan-roch.org.**

