

Lifespan's Health Insurance Information Counseling & Assistance Program

(H.I.I.C.A.P.)

Call Lifespan's
Health Insurance Information
Counseling Assistance Program

244-8400

for more information

Or visit

www.lifespan-roch.org

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*Expert guidance
about your health insurance
questions and options*



1900 South Clinton Avenue
Rochester, New York 14618
(585) 244-8400 ■ www.lifespan-roch.org



When you have questions about Medicare and other health insurance plans, call Lifespan's H.I.I.C.A.P. service for confidential assistance.

Do you need help:

- Filing insurance claims?
- Understanding your medical bills?
- Choosing the right policy to fit your needs?
- Understanding Medicare and prescription drug plans?
- Making an appeal about a Medicare payment ruling?
- Understanding your health insurance options as you approach age 65?

Our trained volunteer counselors can help you.

We're here to help you understand Medicare and other private health insurance options.

We provide:

- Accurate and objective information
- Advocacy and counseling
- Problem resolution
- Overall advice and guidance about today's confusing health insurance options.

We also provide:

- Free informational workshops and speakers for groups and other organizations.



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