

Lifespan provides information, guidance and services that help older adults take on both the challenges and opportunities of the second half of life.

Service Lines:

Eldercare Services

- CheckIt!, a full bill payer service
- In-home financial management assistance
- Consultation on long term care insurance and Medicare/Medicaid
- Guardianship
- Elder abuse prevention in 11 counties
- Scam intervention/prevention workshops
- Home modification (for fall prevention)
- Advocacy for residents of nursing homes
- Nursing home culture change project
- Geriatric addictions program
- Elder care management through Eldersource*
- Information and referral for older adult services
- Care management for persons with developmental disabilities
- Day care for persons with developmental disabilities
- FutureCare Planning for persons with disabilities**

Employment & Volunteerism

- Specialized counseling & job placement for displaced homemakers
- Subsidized job placement for income eligible older adults
- Volunteer placement for persons 55 and older in area non-profit agencies

Training & Education

- Workshops on aging issues
- PlanIt! pre-retirement seminars
- St. John Fisher Geriatric Certificate Program
- Elder Aware training

Wolk Older Adult Center at Lifespan Downtown

*a service of Lifespan and Catholic Family Center

** a service of Lifespan and Al Sigl Center

Se habla Español.

CheckIt!

*A Bill Payer Service from
a trusted provider.*

Dependable
and trustworthy.

Reasonable fees.

Call Lifespan at
244-8400
www.lifespan-roch.org



1900 South Clinton Avenue
Rochester, New York 14618
(585) 244-8400 ■ www.lifespan-roch.org



Lifespan's CheckIt! Bill Payer service has two convenient options.

Full-Service CheckIt!

completely relieves older adults of the task of paying bills and balancing accounts.

- It is perfect for travelers, for older adults who have health limitations or for caregivers.
- Using full-service CheckIt! is a simple process that requires a directed power-of-attorney giving Lifespan limited authority to act.

An hourly fee includes:

- Financial housecleaning (review of all accounts, debts).
- Monthly bill paying.
- Insurance submissions.
- Application for government benefits.
- Full accounting of finances.

I felt so helpless after my spouse died. There were so many bills, so many insurance claims. Lifespan helped me make sense of it all. I couldn't have done it without them.

Modified CheckIt!

simply provides one-on-one **assistance** with the task of paying monthly bills.

- Power of attorney is not required.

An hourly fee includes:

- Assistance with a financial housecleaning.
- Assistance with monthly bill paying.
- Assistance with insurance submissions and other paperwork.

My mother had a stroke and we didn't know about her bank accounts, health care proxy or even if she had a will. She's okay now, and with Lifespan's CheckIt! Service we're better prepared for the future. That's real peace of mind.

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