

Lifespan Service Matrix

Lifespan Service	Service Description	Age Served	Donation or Fee?	Geographic Area	Call
Eldercare Services					
Eldersource (a joint service of Lifespan & Catholic Family Center)	<ol style="list-style-type: none"> Telephone-based information & guidance about eldercare/long-term care. In-home geriatric assessment. Care management/caregiver consultation. 	60 or older or people with a disability of any age.	Phone call assistance is free. May be a fee for geriatric assessment and care management.	Monroe County	325-2800 24 hours a day/seven days a week. www.eldersource.org
CheckIt!	Bill paying/debt resolution/financial housecleaning under limited power of attorney.	60 or older	\$65/hour	Monroe County	244-8400 ext. 189
Financial Management	In-home budgeting/bill paying/debt resolution assistance by trained volunteers.	60 and older	Donation	Monroe County	244-8400 ext. 172
Future Care Planning Services (a joint service of Lifespan, Al Sigl Center & The ARC of Monroe)	A written plan for future care of a loved one with a disability. Guidance about available options for legal, financial and community resources.	People with disabilities over the age of 18 and their families.	\$250 inclusive of a written plan and a Letter of Intent.	Monroe & surrounding counties	340-5883 www.futurecareplanning.org
AskIt!	Guidance about your family finances/Medicaid and paying for long-term care.	Any	\$75/ hour	Monroe & surrounding counties	244-8400 ext. 118
Long-term Care Insurance Education & Outreach	Nothing-to-sell consultation about the purchase of long-term care insurance.	Any	Donation	Monroe County	244-8400, ext. 113
Health Insurance Information Counseling & Assistance	Guidance about choosing health insurance policies/ filing claims and appeals.	Medicare beneficiaries (65 or older) & those approaching Medicare eligibility (60 – 64).	Donation	Monroe County	244-8400 ext. 191
Home-Safe-Home	<ol style="list-style-type: none"> Free home fall safety assessment Minor home modifications (e.g. install grab bars) 	62 or older	Donation if income/age eligible.	Monroe except for Greece and Irondequoit.	244-8400
Elder Abuse	Intervention in physical, mental abuse, neglect & financial exploitation. Must agree to service. We do not handle self-neglect cases.	60 or older	Donation	Monroe, Genesee, Livingston, Ontario, Orleans, Seneca, Schuyler, Wayne, Wyoming & Yates	244-8400 ext. 147 or 325-2800
Ombudsman	Advocacy/problem resolution for residents of nursing and adult homes.	Resident of any age at skilled nursing or adult home.	None	Monroe, Ontario, Genesee, Yates & Livingston Counties	244-8400 ext. 114
Guardianship	Lifespan becomes court-appointed guardian for an incapacitated adult.	Mainly 60 or older	\$75/hour	Monroe County	244-8400 ext. 189
Geriatric Addiction	In-home intervention in cases of alcohol/drug/prescription drug abuse.	55 and older	\$50/every three months.	Monroe County	244-8400 ext. 184
Day Service for Developmentally Disabled Older Adults	Social model day service in a bright, cheery home-like environment.	Usually 45 or older	No fee for persons eligible for Medicaid. Non-Medicaid fee is \$55 per day.	Monroe County	244-8400 ext. 183
Service Coordination for Developmentally Disabled Older Adults	NYS certified comprehensive service coordination.	45 or older	Medicaid or private pay at \$45 per hour.	Monroe	244-8400 ext. 103
Senior Integration Program (DD Older Adults)	Placement & support of adults with developmental disabilities in senior centers.	45 and older	None	Monroe County	244-8400 ext. 106

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See also lifespan-roch.org or eldersource.org for more information



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Non-Eldercare Services					
Women-in-Transition Employment Service	Counseling & job search assistance for women who are seeking jobs as a result of death or disability of spouse, separation/divorce.	19 and older	Donation	Monroe and area counties	244-8400 ext. 152
Bridge Employment Service	Job placement service for older adults seeking part-time jobs during "retirement."	50 or older	Fee	Monroe County and area counties	244-8400 ext. 475
Senior Community Service Employment Program	Financial assistance through job training &/or job placement for lower income persons 55 plus.	55 or older	None	Monroe County	244-8400 ext. 195
Retired & Senior Volunteer Program (RSVP)	Personalized volunteer placement assistance in non-profit organizations that meet critical needs.	55 or older	None	Monroe County	244-8400 ext. 128
Partners in Caring <i>Faith in Action</i>	Recruits volunteers from faith communities to help older adults and persons with disabilities with shopping, yard work, light housekeeping, meal prep, transportation, etc.	60 or older	None	Monroe County	244-8400 ext. 177
Give-a-Lift Transportation	Recruits & trains volunteer drivers to take older adults to medical appointments.	Recruits volunteers of any age.	None	Monroe County	244-8400 ext. 142
Consumer Fraud Protection	Recruits volunteers to make phone calls to warn older adults about fraud and scams.	Recruits volunteers of any age.	None	We make outbound phone calls throughout the U.S.	627-1080
Scam Prevention	Educational presentations about current scams as well as intervention in alleged scam cases.	60 or older	Donation	Monroe County	244-8400 ext. 193
Wolk Older Adult Center at Lifespan Downtown	Our senior center in downtown Rochester provides meals 365 days a year, activities, and educational opportunities.	60 or older	Donation for meals. Fees may apply to other activities.	Monroe County	232-3280
Gerontology Certificate Program	120 hour certificate program managed by Lifespan in conjunction with St. John Fisher College.	Any	Tuition for full program \$1300. Also payable per course.	Any	244-8400 ext. 160
ElderAware	An interactive workshop targeted to business employees who interact with older customers.	Any	\$300 for a 1.5-hour workshop for up to 30 employees.	Any	244-8400 ext. 160
General Education Workshops	Available on many topics. See www.lifespan-roch.org for listing	Any	Usually \$75 per workshop.	Monroe County	244-8400 ext. 160
Keys to Independence	Helps older drivers assess/improve driving skills. Counseling for families faced with driving issues.	60 or older	\$10 to \$75 depending on service provided.	Monroe County	244-8400, ext. 160
Deaf & Hard of Hearing Program/Interpreting Services	Interpreter service for persons who are deaf or hard of hearing.	Any	\$50 to \$60/hour	Monroe County	244-8400 ext. 175 or TTY 325-4301, VP 340-2313
HEAP (Home Energy Assistance Program)	A federally funded program that assists eligible households in meeting home energy needs.	60 or older	Eligibility based on income and housing situation.	Monroe County	244-8400, ext. 102

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