

Lifespan Service Matrix

Lifespan Service		Service Description	Age Served	Donation or Fee?	Geographic Area	Call
Eldersource (a joint service of Lifespan & Catholic Family Center)	<ol style="list-style-type: none"> Telephone-based information & guidance about eldercare/long-term care. In-home geriatric assessment. Care management/caregiver consultation. In-home counseling for depressed, home-bound older adults. 	60 or older or people with a disability of any age.	Phone call assistance is free. We request donations for geriatric assessment and care management.	Monroe County.	325-2800 24 hours a day/seven days a week. www.eldersource.org	
CheckIt!	Bill paying/debt resolution/financial housecleaning under limited power of attorney.	60 or older.	\$65 per hour.	Monroe and surrounding counties.	244-8400 ext. 189	
Financial Management	In-home budgeting/bill paying/debt resolution assistance by trained volunteers.	60 and older.	None.	Monroe County.	244-8400 ext. 172	
Future Care Planning Services (a joint service of Lifespan, Al Sigt Center & The ARC of Monroe)	A written plan for future care of a loved one with a disability. Guidance about available options for legal, financial and community resources.	People with disabilities over the age of 18 and their families.	\$250 inclusive of a written plan and a Letter of Intent.	Monroe & surrounding counties.	340-5883 www.futurecareplanning.org	
AskIt!	Guidance about your family finances/Medicaid and paying for long-term care.	Any.	\$75 per hour.	Monroe & surrounding counties.	244-8400 ext. 118	
Long-term Care Insurance Education & Outreach	Nothing-to-sell consultation about the purchase of long-term care insurance.	Any.	None.	Monroe County.	244-8400, ext. 113	
Health Insurance Information Counseling & Assistance	Guidance about choosing health insurance policies/filing claims and appeals.	Medicare beneficiaries (65 or older) & those approaching age 65.	None.	Monroe County.	244-8400 ext. 191	
Home-Safe-Home	<ol style="list-style-type: none"> Free home fall safety assessment Minor home modifications (e.g. install grab bars) 	62 or older.	None.	Monroe County and Yates counties.	244-8400	
Elder Abuse Prevention	Intervention in physical, mental abuse, neglect & financial exploitation. Must agree to service. We do not handle self-neglect cases.	60 or older.	None.	Monroe, Genesee, Livingston, Ontario, Orleans, Seneca, Schuyler, Wayne, Wyoming & Yates	244-8400 ext. 147 or 325-2800	
Ombudsman	Advocacy/problem resolution for residents of nursing and adult homes.	Resident of any age at skilled nursing or adult home.	None.	Monroe, Ontario, Genesee, Yates, Livingston and Wyoming counties	244-8400 ext. 114	
Guardianship	Lifespan becomes court-appointed guardian for an incapacitated adult.	Mainly 60 or older.	\$75 per hour.	Monroe County.	244-8400 ext. 189	
Geriatric Addictions	In-home intervention in cases of alcohol/drug/prescription drug abuse.	55 and older.	\$50 every three months.	Monroe County.	244-8400 ext. 184	
Day Habilitation Service for Developmentally Disabled Older Adults	Day Habilitation day service in a bright, cheery home-like environment.	Usually 45 or older.	No fee for persons eligible for Medicaid. Non-Medicaid fee is \$89.36/full day, \$55.31/half day.	Monroe County.	244-8400 ext. 183	
Service Coordination for Developmentally Disabled Older Adults	NYS certified comprehensive service coordination.	45 or older.	Medicaid or private pay at \$75 per hour.	Monroe County.	244-8400 ext. 103	
Senior Integration Program (DD Older Adults)	Placement & support of adults with developmental disabilities in senior centers.	45 and older.	None.	Monroe County.	244-8400 ext. 106	

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See also lifespan-roch.org or eldersource.org for more information



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Women-in-Transition Employment Service	Counseling & job search assistance for women who are seeking jobs as a result of death or disability of spouse, separation/divorce.	19 and older.	None.	Monroe and area counties.	244-8400 ext. 152
Bridge Employment Service	Job placement service for older adults seeking part-time jobs during "retirement."	50 or older.	Fee for workshops. Call for information.	Monroe and area counties.	244-8400 ext. 475
Senior Community Service Employment Program	Financial assistance through job training &/or job placement for lower income persons 55 plus.	55 or older.	None.	Monroe County.	244-8400 ext. 195
Retired & Senior Volunteer Program (RSVP)	Personalized volunteer placement assistance in non-profit organizations that meet critical needs.	55 or older.	None.	Monroe County.	244-8400 ext. 128
Partners in Caring <i>Faith in Action</i>	Volunteers help older adults with shopping, yard work, light housekeeping, meal prep, transportation, etc.	60 or older or person with disability of any age.	None.	Monroe County .	244-8400 ext. 177
Give-a-Lift Transportation	Recruits & places drivers with volunteer-based transportation providers.	Recruits volunteers 18 or older.	None.	Monroe County.	244-8400 ext. 142
Consumer Fraud Protection	Recruits volunteers to make phone calls to warn older adults about fraud and scams.	Recruits volunteers of any age.	None.	We make outbound phone calls throughout the U.S.	627-1080
Scam Prevention	Educational presentations about current scams as well as intervention in alleged scam cases.	60 or older.	None.	Monroe County.	244-8400 ext. 193
Walk Older Adult Center at Lifespan Downtown	Our senior center in downtown Rochester provides meals 365 days a year, activities, and educational opportunities.	60 or older.	Donation for meals. Fees may apply to other activities.	Monroe County.	232-3280
Gerontology Certificate Program	120 hour certificate program managed by Lifespan in conjunction with St. John Fisher College.	Any.	Tuition for full program \$1300. Also payable per course.	Any.	244-8400 ext. 160
ElderAware	An interactive workshop targeted to business employees who interact with older customers.	Any.	\$300 for a 1.5-hour workshop for up to 30 employees.	Any.	244-8400 ext. 160
General Education Workshops	Available on many topics. See www.lifespan-roch.org for listing	Any.	Usually \$75 per workshop.	Monroe County.	244-8400 ext. 160
Keys to Independence	Helps older drivers assess/improve driving skills. Counseling for families faced with driving issues.	60 or older.	\$10 to \$75 depending on service provided.	Monroe County.	244-8400, ext. 160
Interpreting Services	Interpreting services for persons who are deaf or hard of hearing.	Any.	\$55 to \$65 per hour per interpreter.	Monroe County.	244-8400 ext. 175 or VP 340-2313
HEAP (Home Energy Assistance Program)	A federally funded program that assists eligible households in meeting home energy needs.	60 or older. Eligibility based on income and housing situation.	None.	Monroe County .	244-8400, ext. 102
Peace of Mind Planning	Assistance organizing your vital legal, financial and health information.	Any.	Fee. Call for information.	Any.	244-8400, ext. 116

