

Call Eldersource at  
325-2800.  
We simplify eldercare for you.

# Eldersource

Eldersource simplifies eldercare.



Eldersource is your single source  
for eldercare guidance  
in Monroe County.

# Eldersource

*A service of Lifespan and Catholic Family Center*

[www.eldersource.org](http://www.eldersource.org)

They were always there for you.  
Now you need to be there for them.

**We can help.**

Eldersource simplifies eldercare.



They were always there for you.  
Now you need to be there for them —  
and we can help.

**Eldersource simplifies eldercare.**

**Eldercare can be  
challenging.**

If you find yourself struggling to make the right choices and the right decisions in an eldercare situation, then you are not alone. One quarter of American families are providing care for an elder — whether that is a parent, a spouse or other relative.

Eldersource is a team of more than 20 eldercare professionals. We can help you by providing invaluable information about services, by guiding, by advocating and by being there when you need us.

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*Eldersource is accredited by the Council on  
Accreditation of Services to Families and Children.*

## **Your first line of help:**

Call Eldersource 325-2800.

Eldersource phone calls are answered 24 hours a day, seven days a week by people who understand the needs of older adults as well as their caregivers.

Our **eldercare phone specialists** are experienced social workers. We know what questions to ask. We can provide information and guidance right over the phone.

**Your second line of help:** If you need more than assistance on the phone, an Eldersource **care manager** will meet with you and/or your family members. A care manager is a social worker who is trained in geriatrics AND the ins and outs of our community's complex eldercare system. A care manager can assess your situation, discuss a care plan, link you to services or assist with a move to a higher level of care.

“Carol helped us realize that day care was not a cop-out on our part, but a help to everyone. My mother is enjoying it, and now I can do my own chores on that day.” Paula C.

**Care management through Eldersource includes:**

- An in-home assessment of the older adult's housing, health, and activities of daily living (e.g. the ability to prepare a meal, handle finances, accomplish personal care, etc) by the care manager;
- A written care plan for immediate and long-term needs with recommendations for community/housing options;
- Assistance with implementation of care plan.

**Perhaps you, as a caregiver, would simply like to meet with a care manager for a consultation to learn more about your options. We can do that too.**

**Do you need help with a nursing home placement? We can help you with:**

- An evaluation of the older adult's financial status;
- A Medicaid application;
- Paperwork;
- Advocacy for family/client with the facility;
- Facility tours and recommendations.

**And finally, we can provide assistance with obtaining government and other benefits.**





## When you call Eldersource, you get more!

*Eldersource is part of a larger team — the professionals within Lifespan and Catholic Family Center.*

As a service of Lifespan and Catholic Family Center, our community's two largest providers of services for older adults, the Eldersource team has immediate access to a wide array of supportive services.

Catholic Family Center provides transportation for grocery shopping, medical appointments, prescription pick-up, banking and chores.

Lifespan does minor home modifications geared toward fall prevention.

Catholic Family Center provides services for grandparents raising grandchildren

Lifespan intervenes in elder abuse cases.

Catholic Family Center provides a home repair service.

And, a full financial housecleaning and a monthly bill paying service is available through Lifespan.

Whether your loved one is a spouse or a parent, they were always there for you. Now Eldersource can help you be there for them.

Eldersource is partially supported by Monroe County and United Way of Greater Rochester. Phone consultations with the Eldercare Specialists are free. We charge a very reasonable fee for care management services. Please inquire about our fee structure.

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“The services you offer to seniors in need are of great value. It is most reassuring to know there are people who understand the dilemmas some seniors face, and the guidance offered to help solve them is of much comfort and aid. I was grateful for Margaret’s patience and concern.” Virginia S.