

*"You know your stuff and your presentations were warm, encouraging, lively, informative and humorous. I had the sense of helping hands guiding me through the scary process of trying to find employment after being retired for a while. You inspired confidence and made us feel like valued individuals."*

Sylvia C.

***Lifespan can help you take on finding that part-time job.***

Call today for information on our next orientation session and for our very reasonable service fees.

**Lifespan's Bridge Employment Services**

**244-8400**

**ext. 475**

Monday through Friday  
8:30 am to 4:30 pm  
[www.lifespan-roch.org](http://www.lifespan-roch.org)

# Are you ready for a mid-life transition?

## Lifespan's Bridge Employment Services

...for anyone in the 50 plus generation who wants to "bridge" from full to part-time work.



1900 South Clinton Avenue  
Rochester, New York 14618  
(585) 244-8400 ■ [www.lifespan-roch.org](http://www.lifespan-roch.org)



*“I want to work, but at something completely different.”*

*“I want to feel good about myself and make some extra money.”*

*“After a few months of being ‘retired’, I was bored!”*

*“I want to make a difference”*

If you want a part-time job after you leave your main career, you are not alone! Many people in the 50 plus generation want to work part-time — either for fulfillment or extra money.

### ***You know why!***

- Stay active
- Be fulfilled
- Earn income
- Meet new people
- Make a contribution
- Obtain health insurance
- Do something different!

### ***Have you thought about:***

- A change in responsibility or status?
- Job sharing?
- Flex scheduling?
- Contract or temp work?
- Telecommuting?
- Starting your own business?

### ***How can we help?***

We use a holistic approach to help you:

- Define transition goals
- Assess the job market
- Re-focus your skills
- Prepare a new resume
- Brush-up on interviewing skills
- Manage your free time
- Decide on legal and financial issues

### ***We have:***

- Monthly networking group
- Customized individual coaching
- Skill building workshops
- Job leads and referrals



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