



Lifespan's Specialized Services for Aging Persons with Developmental Disabilities

Lifespan has a combination of unique services for older adults with Intellectual and Developmental Disabilities including service coordination and two day programming options. Participants in all of Lifespan's services for older persons with Intellectual and Developmental Disabilities must be age 45 or older and have a documented (prior to age 22) developmental disability. Our services are overseen by New York State's Office of Mental Retardation and Developmental Disabilities (OMRDD).

Lifespan provides information, guidance and services that help older adults take on both the challenges and opportunities of longer life.

Eldercare Services

- Care management through Eldersource*
- CheckIt!, a full bill payer service
- In-home financial management assistance
- Guidance on financing long-term care related to Medicare & Medicaid
- Guidance about long-term care insurance
- Guidance on Medicare & Medicare Part D
- Elder abuse prevention & scam intervention/education
- Home modification for fall prevention
- Advocacy for nursing home residents
- Geriatric addictions program
- Service coordination for older adults with developmental disabilities
- Day habilitation for older adults with developmental disabilities
- Future Care Planning for persons with disabilities**
- Home Energy Assistance Program (HEAP)
- Guardianship for incapacitated older adults

Employment & Volunteerism

- Job placement assistance for women re-entering the workforce
- Job training for low income adults (55 and older)
- Volunteer placement for adults (55 and older) in area non-profits
- Volunteer recruitment for transportation programs

Training & Education

- Workshops in aging issues
- St. John Fisher Geriatric Certificate Program
- Elder Aware training for businesses

Sign Language Interpreting

- Interpreter service

Wolk Older Adult Center at Lifespan Downtown

- Meals, recreation, education, socialization

**in partnership with Catholic Family Center*

***in partnership with Al Sigl Center and the Arc of Monroe*

Se habla Español.



1900 South Clinton Avenue
Rochester, New York 14618
(585) 244-8400 ■ www.lifespan-roch.org



Services for Older Adults with Intellectual and Developmental Disabilities

with a comprehensive approach to promoting independence and enriching lives.



People with Intellectual and Developmental Disabilities are living longer than ever before.

Lifespan can help them *take on* both the challenges of their disability *and* the opportunities associated with longer life.

Lifespan as an organization:

- Is staffed by more than 100 professionals in the field of aging;
- Has more than 38 years experience in aging services;
- Provides more than 30 services for older adults and caregivers;
- Provides information and guidance related to aging.



Our three specialized services for older adults with Intellectual and Developmental Disabilities include:

- Group Day Habilitation;
- Medicaid Service Coordination;
- Community Inclusion Services.

Specialized Medicaid Service Coordination

Lifespan's Medicaid Service Coordinators are uniquely qualified to assist older adults with Intellectual/Developmental Disabilities and their caregivers with issues such as planning for the future and transitioning from work to retirement. Our service coordinators have extensive training in age-specific issues including health and wellness, and we provide unbiased advocacy, information and guidance. We access services through OMRDD and in

the community to help consumers live in homes of their choice and participate in daily activities that are meaningful to them.

This is a Medicaid reimbursed service. Or private pay options can be discussed. If a candidate for our services doesn't have Medicaid, we can assist with the Medicaid application process.

Lifespan helps older adults with Intellectual and Developmental Disabilities take on independence!

Lifespan Offers Two Day Services Group Day Habilitation

Lifespan's bright, home-like Group Day Habilitation Program helps older adults with Intellectual and Developmental Disabilities take on retirement. The program opens doors to new relationships in a warm and supportive environment by encouraging creative expression, increased self-confidence and social

wellness. We promote a sense of belonging. We take on volunteerism. We take on education. We take on fun!

This is a non-medical day habilitation program. Participants must be free of socially disruptive behaviors and need minimal support/assistance with personal hygiene needs.

Day Habilitation is a Medicaid reimbursed service, however we also offer full and half day private pay rates. Transportation is always included. Participants decide which days to attend, but must commit to a schedule.

Community Inclusion Service

Our unique Community Inclusion Service links older adults with Intellectual and Developmental Disabilities to community settings such as senior centers and to volunteer opportunities. We pair most participants with

trained senior companions who assist with successful integration. Those who choose this program must be free of socially disruptive behavior and need minimal support/assistance with personal hygiene needs. Community inclusion helps participants take on new experiences, take on making new friends and take on involvement in our community.

For more information about Lifespan's services for older adults with intellectual or developmental disabilities, call (585) 244-8400.



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