

OPIOID MISUSE

Among Older Adults

**Lifespan has help
for a growing problem.**

**If you are concerned about
yourself or a loved one,
Call Lifespan at
585-244-8400.**

OPIOID USE IN THE OLDER ADULT POPULATION

As the baby boomer generation ages and the population of older adults in the US grows, opioid misuse among older Americans is becoming an increasingly urgent public health concern.

THE FACTS ...

- Older adults who misuse opioids is projected to double from 2004 to 2020, from 1.2 % to 2.4%.
- In 2017, 1 in 3 Medicare Part D beneficiaries received an opioid prescription with more than 500,000 receiving prescriptions far exceeding the manufacturer's recommended amount.



Lifespan is working to dispel the myth that it is not worth treating older adults for substance misuse.

Call 585-244-8400.

MISUSE OF AN OPIOID OCCURS WHEN:

- Taking the drug more frequently or in higher doses than prescribed.
- Using the drug for pleasure instead of pain relief.
- Mixing the medication with other drugs or alcohol.
- Taking someone else's medication.
- Selling your medication.

WHAT'S DIFFERENT ABOUT LIFESPAN'S GERIATRIC ADDICTIONS PROGRAM?

- Our service fills a gap between traditional on-site or in-patient treatment and the alternative — no treatment.

WE PROVIDE:

- Comprehensive **in-home** evaluation.
- **In-home** substance abuse intervention, assessment, and linkage.
- Supportive counseling and education for families and caregivers.



Lifespan provides information, guidance and services that help older adults take on the challenges and opportunities of longer life.

Visit our website for more information and to find ongoing classes and workshops.

www.lifespanrochester.org Call 585-244-8400.