

“So very appreciative for all of the advice, insight and support provided to me in the care of my parents and aunt.”

Care management through Eldersource is available for persons 60 and older and persons with disabilities of any age living in Monroe County.

Financial care management and specialized care management for caregivers of persons with dementia are also available in Monroe and other Finger Lakes counties through Lifespan.

Numerous eldercare **resource lists** are available on our website at www.lifespanrochester.org.



**Eldercare
guidance
through care
management.**

Eldersource

Call us at

585-244-8400

www.lifespanrochester.org



Monroe County
Office for the Aging

*Eldersource Care Management is a
service of Lifespan of Greater Rochester.*

This service is funded in part by Monroe County Office for the Aging, New York State Office for the Aging, US Administration on Aging/Administration for Community Living, United Way of Greater Rochester and Finger Lakes, and participant donations. No person shall be denied benefits or subjected to discrimination under any program or activity receiving Federal Assistance on grounds of race, color, sex, religion, national origin, disability, or marital status.



Eldersource

Eldersource, a program of Lifespan.



Eldercare can be challenging.

If you find yourself struggling to make the right choices and the right decisions in an eldercare situation, you are not alone.

Help with your eldercare situation is just a phone call away. Our care managers can meet with you in person.



“I started a relationship with Lifespan in January. Staff explained the process for our family to begin to provide services for my husband. Now it’s time to get benefits for myself as his caregiver. Thank you so much!”

We help with information about:

- Housing options
- Legal resources
- Nursing homes
- Chore services
- Public benefits
- Respite
- Transportation
- Home care
- Adult day care
- Elder abuse prevention
- Socialization
- Depression
- & more.

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In Monroe County we provide:

Personalized eldercare guidance.

In-home geriatric assessment.

Care planning: We develop a care plan based on your needs and preferences.

Assistance with decisions about housing options such as assisted living, adult homes and nursing homes.

Caregiver consultation: If you would like to meet with a care manager for a consultation to learn more about your options or to plan, we can do that too.



“The staff at Lifespan is so in touch with local resources and have such a variety of ways they can help! Such a fabulous collection of smart, caring, committed people there.”